



Booklist
Nutritional Therapy – Year 1

Please order your books four weeks BEFORE the start of the course.

Essential / Student Copy

Biesalski H K, Grimm P & Junkermann S (2006)	The Pocket Atlas of Nutrition (1st ed) London: Thieme	ISBN-13: 978-3131354815
Geissler C & Powers H (2005)	Human Nutrition (11th ed) London: Churchill Livingstone	ISBN-13: 978-0443073564
Moore J & Langley R (2008)	Biochemistry for Dummies London: John Wiley & Sons	ISBN-13: 978-0470194287
Waugh A (2006)	Ross and Wilson's Anatomy & Physiology in Health & Illness (10th ed.) London: Harcourt Publishers	ISBN-13: 978-0443101014
Waugh A (2006)	Ross and Wilson's Anatomy and Physiology in Health and Illness Colouring and Workbook (2nd ed.) Churchill Livingstone 2nd Edition, 2006 (€50.00)	ISBN-13: 978-0443103681

Recommended Reading / ICIM Library*

*ICIM holds an extensive library of books on Nutritional Therapy and related topics. Those listed below may be the most relevant to you at this stage of the course

Cottrell S (2008)	The Study Skills Handbook 3rd ed. London: Palgrave MacMillan	ISBN-13: 978-1403911353
Fisher J (eds) (2003)	Instant Notes in Chemistry for Biologists. London, Bios Scientific Publishers Ltd.	ISBN-13: 978-1859963555
Institute of Functional Medicine (IFM) (2006)	The Textbook of Functional Medicine USA: The Institute of Functional Medicine	* Students may order individual copies from IFM directly. However ICIM can bulk order books for students in order to obtain a discount on the price
Institute of Functional Medicine (IFM) (2008)	Clinical Nutrition: A Functional Approach USA: The Institute of Functional Medicine	* Students may order individual copies from IFM directly. However ICIM can bulk order books for students in order to obtain a discount on the price
Marieb E N (2008)	Essentials of Human Anatomy and Physiology (9th ed.) London: Pearson Education	ISBN-13: 978-0321544100

Mosby (2008)	Mosby's Dictionary of Medicine, Nursing and Health Professions London: Mosby	ISBN-13: 978-0323049375
Porter S (2008)	First Steps in Research: A Pocketbook for Healthcare Students London: Churchill Livingstone	ISBN-13: 978-0443103988
Thiel R J (2000)	Combining Old And New: Naturopathy For The 21st Century London: Whitman pubns	ISBN-13: 978-1885653086
Zimmermann M (2006)	Burgenstein's Handbook of Nutrition (1st ed): Micronutrients in the Prevention and Therapy of Disease London: Theime	ISBN-13: 978-1588900623

Recommended Magazines

* ICIM subscribe to CAM magazine and back copies are held in the ICIM library

CAM magazine	Target publishing	www.targetpublishing.com
The Nutrition Practitioner	CNELM	www.nutprac.com
Naturally Good Health	Target publishing	www.targetpublishing.com

Related Publications

The New Scientist	www.thenewscientist.com
The Ecologist	www.theecologist.org

Ordering Books

Amazon often has excellent deals on new and second hand textbooks so it is worth shopping around. Orchid Books in Ireland do a bundle deal for ICIM students. Visit www.orchidbooks.org and login as ICIM (all uppercase) with password student (all lowercase). Click on College Bundles and select ICIM.