



Booklist
Nutritional Therapy – Year 2

Please order your books four weeks BEFORE the start of the course.

Essential / Student Copy

Biesalski H K, Grimm P & Junkermann S (2006)	The Pocket Atlas of Nutrition (1st ed) London: Thieme	ISBN-13: 978-3131354815
Geissler C & Powers H (2005)	Human Nutrition (11th ed) London: Churchill Livingstone	ISBN-13: 978-0443073564
Institute of Functional Medicine (IFM) (2006)	The Textbook of Functional Medicine USA: The Institute of Functional Medicine	* Students may order individual copies from IFM directly. However ICIM can bulk order books for students in order to obtain a discount on the price
Moore J & Langley R (2008)	Biochemistry for Dummies London: John Wiley & Sons	ISBN-13: 978-0470194287

Recommended Reading / ICIM Library*

*ICIM holds an extensive library of books on Nutritional Therapy and related topics. Those listed below may be the most relevant to you at this stage of the course. You may wish to borrow or purchase those that are of particular interest to you, but none of the texts below are essential to your studies

Blaylock R L (1997)	Excitotoxins: The taste that kills USA, Health Press	ISBN-13: 978-0929173252
Brostoff J & Gamlin L (1998)	The Complete Guide to Food Allergy and Intolerance London: Bloomsbury	ISBN-13: 978-1906680008
Campbell McBride N (2004)	Gut and psychology syndrome London, Medinform Publishing	ISBN-13: 978-0954852009
Cottrell S (2008)	The Study Skills Handbook 3rd ed. London: Palgrave MacMillan	ISBN-13: 978-1403911353
Fellows P J (2000)	Food Processing Technology: Principles and Practice USA: Woodhead Publishing	ISBN-13: 978-1855735330
Fisher J (eds) (2003)	Instant Notes in Chemistry for Biologists. London, Bios Scientific Publishers Ltd.	ISBN-13: 978-1859963555
Glenville M PhD (2001)	The Nutritional Health Handbook for Women: An Integrated Approach to Women's Health Problems and How to Treat Them Naturally	ISBN-13: 978-0749922351

	London: Piatkus	
Glenville M (2006)	Fat around the middle London, Piatkus	ISBN-13: 978-185626655
Holford P & Braly (2006)	Hidden food allergies London: Piatkus	ISBN-13: 978-0749926021
Institute of Functional Medicine (IFM) (2008)	Clinical Nutrition: A Functional Approach USA: The Institute of Functional Medicine	* Students may order individual copies from IFM directly. However ICIM can bulk order books for students in order to obtain a discount on the price
Joneja J.V. (2001)	Food Allergy and Intolerance: Mechanisms and Management J A. Hall Publications	Unavailable at present
Lane R & Stacey S (2002)	The Adam and Eve Diet London: Hodder Mobius	ISBN-13: 978-0340819357
Linz Wolcott (2002)	The Metabolic Typing Diet USA: Broadway Books	ISBN-13: 978-0767905640
Marsden K (2005)	The complete book of food combining London: Piatkus	ISBN-13: 978-0749925
Lipski Elizabeth (2004)	Digestive Wellness London: McGraw-Hill	ISBN-13: 978-0071441964
Mumby K (1993)	The Complete Guide to Food Allergies and Environmental Illness London: Thorsons	ISBN-13: 978-0722525043
Murray M & Pizzorno J (2005)	The Textbook of Natural Medicine London: Churchill Livingstone	ISBN-13: 978-0443073007
Schmidt M A (2007)	Brain building nutrition USA: North Atlantic Books	ISBN-13: 978-1583941812
Thiel R J (2000)	Combining Old And New: Naturopathy For The 21st Century London: Whitman pubns	ISBN-13: 978-1885653086
Wilson J (2006)	Adrenal Fatigue: 21st Century Syndrome USA: Smart Publications	ISBN-13: 978-1890572150
Zimmermann M (2006)	Burgenstein's Handbook of Nutrition (1st ed): Micronutrients in the Prevention and Therapy of Disease London: Theime	ISBN-13: 978-1588900623

Recommended Magazines

* ICIM subscribe to CAM magazine and back copies are held in the ICIM library

CAM magazine	Target publishing	www.targetpublishing.com
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The Nutrition Practitioner	CNELM	www.nutprac.com
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Naturally Good Health	Target publishing	www.targetpublishing.com
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Related Publications

The New Scientist	www.thenewscientist.com
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The Ecologist	www.theecologist.org
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