



Year 1 Lecture Plan 2009

Module 1 Pre-Study

Introduction to nutritional therapy; the history and philosophies of nutritional therapy
The role of nutritional therapy within an integrated healthcare system
Study skills; managing blended learning & essay writing

	WEEKEND	Lecture & Home Study Content	
		Saturday (9.00am-6.00pm) * 9.00am-10.00am - tutorial	Sunday (9.30am-4.30pm)
YEAR 1 SEMESTER 1	LECTURE WE1; MODULE 1 26 th & 27 th September Venue: Our Lady's Hospice, Harold's Cross	Health, healthcare & nutritional therapy * Joint class with 2 nd year students	
	LECTURE WE 2; MODULE 2 PART 1 17 th & 18 th October Venue: Our Lady's Hospice, Harold's Cross	A and P; cells and tissues, the musculoskeletal system	
	LECTURE WE 3; MODULE 2 PART 2 21 st & 22 nd November Venue: Our Lady's Hospice, Harold's Cross	A and P; the macromolecules	
	LECTURE WE 4; MODULE 3 PART 1 12 th & 13 th December Venue: Our Lady's Hospice, Harold's Cross	The basics of nutrition; the macronutrients * Joint class with 2 nd year students	
	LECTURE WE 5; MODULE 2 PART 3 9 th & 10 th January Venue: Our Lady's Hospice, Harold's Cross	A and P; the digestive system	

YEAR 1 SEMESTER 2	LECTURE WE6; MODULE 2 PART 4 13 th & 14 th February Venue: Our Lady's Hospice, Harold's Cross	A and P; the urinary system, fluids and electrolytes
	*CP Day 1 27 th and 28 th February Venue: Our Lady's Hospice, Harold's Cross	Discussion, video/paper based case studies + group activities *Joint class with 2 nd and 3 rd year students
	LECTURE WE 7; MODULE 3 PART 2 13 th & 14 th March Venue: Our Lady's Hospice, Harold's Cross	The Basics of Nutrition; the micronutrients
	*CP Day 2 27 th and 28 th March Venue: Our Lady's Hospice, Harold's Cross	Saturday: video linked live consultations Sunday: video linked live consultations, discussion and case studies *Joint class with 2 nd and 3 rd year students
	LECTURE WE 8; MODULE 2 PART 5 10 th & 11 th April Venue: Our Lady's Hospice, Harold's Cross	A and P; the respiratory system & the lymphatic system
	LECTURE WE 9; MODULE 4 8 th & 9 th May Venue: Our Lady's Hospice, Harold's Cross	Nutritional Therapeutics; the liver & detoxification
	*CP Day 3 22 nd and 23 rd May Venue: Our Lady's Hospice, Harold's Cross	Saturday: video linked live consultations Sunday: video linked live consultations, discussion and case studies *Joint class with 2 nd and 3 rd year students
	LECTURE WE 10; 12 th OR 13 th June Venue: TBC	Cooking demonstration *Joint class with 2 nd and 3 rd year students

Module 5 Nutritional Therapy in Practice 1

Clinical Practice

* Please note that you will only be required to attend 3 clinical practice weekends in year 1. Confirmation of which weekends are allocated to year 1 observation are detailed above. Should you be unable to attend allocated dates then please contact the office.

A more detailed lecture plan including assignment hand-in dates will be forwarded prior to the beginning of semester 1 in September.

Exam date will be in May 2010 – exact date to be confirmed