



Booklist

Naturopathic Nutrition

Essential / Student Copy

EM.Haas & B.Levin	Staying Healthy with Nutrition –The complete Guide to Diet & Nutritional Medicine Celestial Arts, 21 Century Edition, 2006	ISBN-13: 978-1587611797
P. Clayton Dr	Health Defence (2nd edition) Accelerated Learning Systems	ISBN-13: 978-0905553665

Recommended Reading / ICIM Library*

*ICIM holds an extensive library of books on Dietary Therapy and related topics. Those listed below may be the most relevant to you on this course

Glenville M PhD (2001)	The Nutritional Health Handbook for Women: An Integrated Approach to Women's Health Problems and How to Treat Them Naturally London: Piatkus	ISBN-13: 978-0749922351
Glenville M (2006)	Fat around the middle London, Piatkus	ISBN-13: 978-185626655
Holford P (2009)	The New Optimum Nutrition Bible London, Piatkus	ISBN-13: 978-0748111398
Holford P & Braly (2006)	Hidden food allergies London: Piatkus	ISBN-13: 978-0749926021
Lipski Elizabeth (2004)	Digestive Wellness London: McGraw-Hill	ISBN-13: 978-0071441964
Pitchford P (2002)	Healing with Wholefoods London: Random House	ISBN-13: 978-1556434303
Schmidt M A (2007)	Brain building nutrition USA: North Atlantic Books	ISBN-13: 978-1583941812
Thiel R J (2000)	Combining Old And New: Naturopathy For The 21st Century London: Whitman pubns	ISBN-13: 978-1885653086
Wilson J (2006)	Adrenal Fatigue: 21st Century Syndrome USA: Smart Publications	ISBN-13: 978-1890572150
Zimmermann M (2006)	Burgenstein's Handbook of Nutrition (1st ed): Micronutrients in the Prevention and Therapy of Disease London: Theime	ISBN-13: 978-1588900623

Recommended Magazines

* ICIM subscribe to CAM magazine and back copies are held in the ICIM library

CAM magazine	Target publishing	www.targetpublishing.com
Naturally Good Health	Target publishing	www.targetpublishing.com

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